

McKinney Independent School District  
School Health Advisory Committee Meeting  
February 16, 2022

Attendance: Julie Adams, Joy Anderson, Patricia Aranibar, Stephanie Given, Beth Lessner, Shelbie Michaels, Jennifer Range, Paul Shirar, Diana Skowronski, Lana Van Deusen, Jennifer Akins, Jean Begala, Julie Blankenship, Christy Giddens, Marian Guinn, Phillip Hassler, Karin Klemm, Melissa Silva, James, Shoemake, Shawan Sweesy, Jason Vickery, Dr Catherine Frank

Introductions of SHAC committee members. Meeting opened by Julie Blankenship at 12:16 p.m.

Members informed that SHAC meetings are now being recorded to meet state requirements and will be posted on MISD website. Twenty-one committee members out of thirty-six present.

Minutes from October 7, 2021 meeting were reviewed and a motion made by Jennifer Akins to approve as written and Joy Anderson seconded the motion. All voted in favor of approval.

Lunch provided by Aramark highlighting breakfast and lunch items that will be served on the menu.

Two action items on agenda for this meeting: Annual Aramark Nutrition update and Goodheart-Wilcox overview for textbook adoption committee.

Aramark updates:

James Shoemak: The United States Department of Agriculture (USDA) Food and Nutrition Services has provided free meals for all student for the past two years. That is approximately 22,000 meals daily served to MISD students free regardless of income.

Nutrition services has had to deal with supply chain issues and worker shortages. The USDA has announced new standards that will be in place for the next two years allowing schools to serve low-fat flavored milk instead of non-fat, allowing 80 percent of breads and cereals to be whole grain and allowing more sodium in meals.

Every school's menu is available online thru the MISD website. Nutritional information available with each item selected.

Taste it Tuesday (one to two sample size items not usually on menu offered for students to try tasting) and PACK week (pack-assorted colors for kids) a five-day educational program where each day of the week is assigned a color and food items are offered within that color group. Powerpoint with examples shown.

#### Goodheart-Wilcox Health Textbook:

Hector Morales, National Director for K12, presented an overview on Goodheart-Wilcox health textbooks for middle and high school textbook adoption. The Goodheart-Wilcox-Health textbook is a complete educational package for teaching skills-based health education in the classroom. It is a program created by teachers for teachers. The curriculum covers 100% Texas Essential Knowledge and Skills (TEKS). As it is the only textbook approved by the Texas Educational Agency (TEA) it is being considered for adoption. If the textbook is approved it will be sent to Instructional Materials Allotment (IMA) committee for funding and school board notification by the IMA committee. Activities and assessments are aligned to the TEKS and to each health skill area in the National Health Education Standards. Spanish resources, including an Online Spanish textbook, are available.

Website provided so members can view the textbooks online at home and voting link provided. Votes by committee member need to be casted by 03-02-2022.

Question and answer session with Hector Morales and James Shoemak.

The next meeting is scheduled for May 5, 2022, 6:30-7:30pm at Central office.

Meeting adjourned at 1:22 pm.

**Votes received referenced above --by 4:36pm on March 2, 2022 were 16 votes for adopting the textbook**