

SHAC Meeting

January 11, 2018

Attendance: Jean Begala, Lauren Hickman, Julie Blankenship, Kenneth Ussery, Kimberly Frank, Nikki Hendersen, Chris Schell, Heather Tippett, James Shoemake, Karin Klemm, Sonja Harrison, Danielle Stewart

Meeting opened at 12:58 pm

Minutes James Shoemake and Sonja Harrison made motions to accept the minutes from the September 14, 2017 meeting.

James Shoemake spoke about Aramark's school food items and how food service is going in MISD.

Aramark served all in attendance lunch, all foods that are served in the schools.

A video on Aramark's association with the American Heart Association was viewed. Lauren Hickman spoke about MISD team also being a part of the Community Outreach that Aramark as a global company does.

USDA Waivers can be applied for flavored milks and whole-grain foods. Waivers used to have flexibility in serving certain products. MISD is exempt from Whole Grain biscuits, tortillas, pastas. The exemption is mostly due to the quality and the foods not being well accepted by students. Getting supplies was also an issue and MISD is looking to find replacement products.

Sodium target ranges have been declining, however schools can remain compliant thru 2020 staying in the current sodium reduction target 1 phase.

Danielle Stewart spoke about the student survey being launched on January 16, 2018. Results from last survey are still showing favorites in Italian, Mexican and Asian foods. Some increase is coming in more diverse foods like Indian and Cajun foods. Students are looking for that "mall like" feel which is very popular at the HS level. The grab and go is also popular. Daniele stated that breakfast participation has not been where they would like to see it. MISD is looking at ways to make breakfast easier and offer more grab and go foods.

Lauren spoke about Snack Pack Morning menu. This is being piloted on the elementary level, Eddins, Glen Oaks and Walker. Expanded the pick 2. It is items they can take and save it for a snack later in the day or after school. Hot breakfast was removed and only the snack pack option was offered and now there is a 21% increase in breakfast

sales. With the new semester two new schools added, Wilmeth and Wolford. Sonja stated that breakfast in the classroom has been very good by showing less discipline issues and better attendance. At the HS level, Lauren and Danielle set up sampling stations and try to encourage students to eat at school. At the elementary and MS level prizes given periodically for random students going thru the food line called Alarm Clock Specials. Past promotions are still in effect such as Healthy for Life and PACK week.

Danielle spoke about Grow'ums, an interactive and hands on lessons for growing herbs. Gardens will start to be planted by the 4th grade classes across the district after spring break.

Mr. Ussery asked if MISD offers cooking classes. Not at this time, but MISD does do some work with the CAP program showing these young adults how to cook basics.

Meeting adjourned 1:40pm